

# The Plain Brown Rapper



THE OFFICIAL NEWSLETTER OF THE INTERNATIONAL SERVICE ORGANIZATION OF SAA, PO BOX 70949, HOUSTON, TX 77270

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Carrying the message of hope to the Sex Addict who still suffers

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## IT'S HERE:

Page



### Coming Events

2

### LitCom

1-9-12

## ARTICLES-LETTERS

Bevan B.

5

Peter B.

6

Ben - from LA

6

Andrew M.

7

Jeff H.

7-8

### LIFELINE PARTNERS

8-10

Don G.

9

Rob P.

10

Karen A.

11

### Prison Outreach

Mike L.

9

### POETRY

3 and 11

## IN EACH ISSUE.....



News from the  
WEB...

by Bob D.

2

### OUTREACH

3

### Sponsorship

4

## LITERATURE COMMITTEE SOLICITS SAA BOOK STORIES

As the SAA Book project continues, there is one area in which we need more input at this time. There are still too few Personal Stories - those accounts of addiction and recovery which traditionally comprise the latter part of a fellowship's book.

We therefore invite any and all members of SAA to share their stories with other sex addicts through the medium of this book. The only requirement for submission of a story is that you be a member of Sex Addicts Anonymous. Stories may be in written or recorded format, on paper or sent via e-mail attachment. Although we recommend that written submissions be typed, it is not a requirement. All members who submit stories will be asked to sign a release form that gives SAA permission to publish the material and to edit it if necessary. The Literature Committee has the responsibility to proofread and edit submissions when needed, without altering the material's basic sense and purpose.

**Members who have already submitted stories have not as yet received a release form. The requirements of the process were not clear until recently. For this we apologize. If you are one of these members, it would be helpful if you would write or call the ISO Office (the toll-free number is 1-800-477-8191) to provide your current mailing addresses.**

Many have inquired over the past year as to what we are looking for in personal stories, especially in terms of content and length. We would like to emphasize that we set down no actual requirements. We believe that such requirements can hamper the creative process, and even prevent us from receiving material that would be beneficial to the book. Nevertheless, the inquiries have been so numerous that we here offer a few suggestions for those who need them. Most stories follow a basic pattern of first describing how it was for the addict before recovery. (How far back in time the writer goes, and in what detail, is up to the writer.) As in meetings, overly explicit descriptions of addictive behavior are discouraged. A story then generally describes how the addict got into recovery, and then something about the process of recovery and how it is today. Typically a story will share the writer's experience, strength and hope concerning

the working of an SAA program and staying sober. In terms of style and tone, a story tends to stay in the "I" rather than in the "you" - in other words, sharing what works for the writer rather than offering advice to others. In terms of length, our suggestion would be anywhere from 1,000 to 7,000 words.

Not every story follows this format, of course. You may wish to just talk about your experience in recovery, without spending much time on "how it was." Or you may wish to focus on a particular aspect of your recovery, such as service. Our stories may reflect our diversity as well - contributions from members of all genders, sexual orientations, and cultural backgrounds are not only welcome, but needed. Once again, these are all just suggestions. Make the story as long or short as it needs to be. All submissions from SAA members are accepted. Whether or not a story eventually makes it to the book, members who submit their stories deserve the appreciation and gratitude of the whole fellowship for making themselves available to carry the message of recovery in SAA.

It is with gratitude and humility that we invite the members to participate in this way towards the creation of an SAA book. In the past many addicts have received life-saving insight and encouragement from reading the personal stories in various 12-step books. This is an extremely vital aspect of this project, and we trust that a loving God will guide us all through to completion of a text we can be proud of. Thank you all for your help.

The Literature Committee  
Please send submissions to  
SAA Book Stories  
ISO of SAA  
PO Box 70949  
Houston, TX 77270 - or e-mail to  
info@saa-recovery.org.

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